



Ten to 20 percent of kids have an anxiety disorder.

Help for Anxious Children

Kids who suffer from anxiety do best with a combination of medication and therapy, reports a study in *The New England Journal of Medicine*. After three months, 80 percent of kids had a major improvement in their symptoms when they took sertraline (Zoloft) and had cognitive behavioral therapy, which teaches them to manage their anxiety. Both treatments were also successful on their own: About 60 percent who had therapy alone improved, as did 55 percent who just took medication. Left untreated, anxiety can make it hard for kids to build friendships and do well in school. It also boosts their risk for anxiety and depression in adulthood.

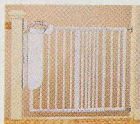


Scooters for Kids With Special Needs

All children love scooters, but particularly for those with special needs, riding one is a great way to strengthen their motor skills. The unique shape of Fun and Function's new Saddle Scooter lets a child use it in a variety of positions, to develop different muscles. \$45; funandfunction.com

RECALLS

Safety 1st SmartLight Stair Gates
100,000 gates (sold from January 2005 to December 2007) were recalled because the hinges can break, letting a child fall down the stairs. Call 866-690-2540 for a repair kit.



Fisher-Price 3-in-1 High Chairs
24,000 chairs (sold from December 2008 to March 2009) were recalled because if the booster seat comes unlatched, the seat can fall off the frame. Also, if the seat back is not fully snapped in place, a child can fall. Call 800-432-5437 for a repair kit.



Check up on your children's products or your latest tag-sale find anytime by using parentsmag.com's searchable recall database.

IT HAPPENED TO ME

"A waitress spilled hot tea on my baby!"



Ann Osborne and her family were eating out when the waitress came by holding a tray of drinks above her head. As the waitress handed over a cup of tea, two mugs of soda slid off and spilled on Osborne's 9-month-old son, Owen. Trying to catch the tray, the waitress forgot she was carrying tea and splashed it on the baby too. Fortunately,

FAST FACT

HOT FOODS AND LIQUIDS CAUSE MOST SCALDS IN 6-MONTH-TO 2-YEAR-OLDS.

the mixture of cold and hot drinks kept Owen from getting serious burns. "He no longer needs a high chair, so now we sit him on the inside of the booth, where he's safer," says the mom from Jackson, Missouri. Send your own safety lesson to ihtm@parentsmag.com.